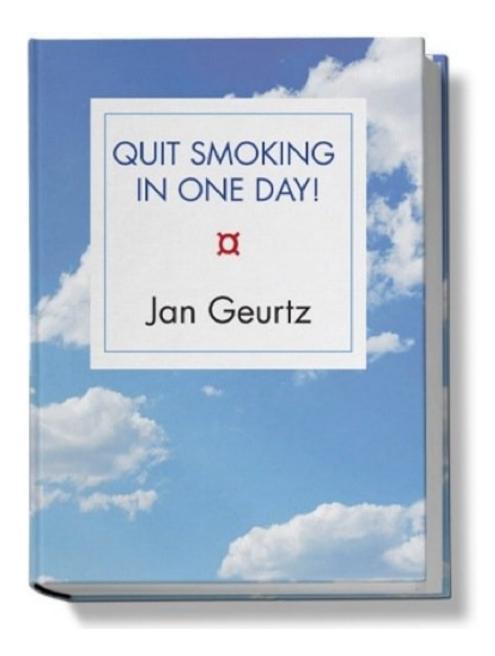


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In 1995 Jan Geurtz, best selling author, developed a unique method to help people stop smoking. He called it the "Free Yourself Method" since then countless people in Europe have quit smoking using the method outlined in his book. A Native of Holland, Geurtz has written multiple books helping people end addictions. "Quit Smoking in One Day" is the first book translated into English. To find out more visit Jan at:

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