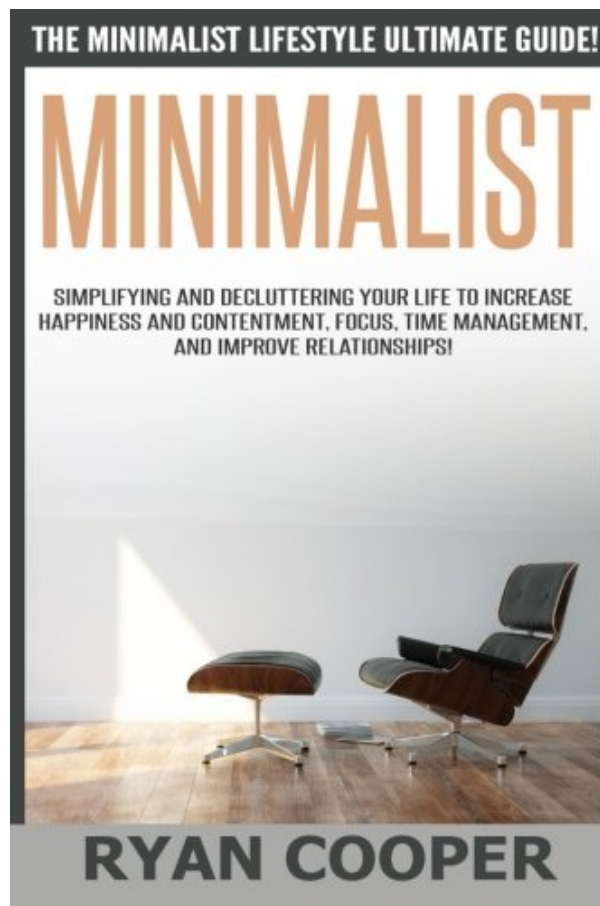


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Many of us put value in the things that we own, and while this is only understandable, too much value put on things can be a dangerous thing to hold. Most of us spend our lives giving up things and letting go of opportunities just so we could work and earn to buy things and possessions. A nice house with a beautiful garden, a stylish car, the latest clothes and accessories, high-tech gadgets and electronics, or even gourmet dishes and trips around the world are just some of the things that people put value on. While all of these are good and well to have, the problem is when people give up what they should value more just to get these so-called luxuries and dreams. Those who have jobs and careers spend most of their time working and away from their families and loved ones, and the ones with their businesses tire themselves day and night so that they can achieve the success that they want.

Learn the ways of the minimalist and understand what are truly important in life. Written here are some strategies and tips on how you can declutter your space, your life, and how you can be more productive with the ways of the minimalist.

Here Is A Preview Of What You'll Learn...

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- Overcoming Fear Of Letting Go Of Stuff And Other Things Cluttering Your Life
- Do I Have To Be A Weirdo To Live Like A Minimalist And Enjoy The Minimalist Life?
- How Can Everyday People Incorporate And Benefit From Minimalist Living?
- Does Living Like A Minimalist Really Make You Happier And Give You More Contentment? – Becoming More Aware Of Your Surroundings
- How To Use Minimalism To Declutter Your Life And Increase Focus And Productivity
- Minimalism Time Management Strategies To Help You Understand What Is Really Important And What Is Not
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Ryan Cooper

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The book will tell you what minimalism is all about, why would you want to practice it and how it can change your life. The book highlights several advantages of minimalism like peace of mind and more money to spend on the things you really want to have or do. e.g. travelling. When you have cut down all your unnecessary expenses you will really be able to save a lot. The book will help you decide whether such a lifestyle is for you or not. It was interesting to realize how minimalism could even help you increase your productivity.

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By Biboche

I have heard about minimalist lifestyle ideals before and got very curious about it. After reading the book I can tell the author knows the topic well. A great book to get you motivated to live a simple life by purging your surroundings of unnecessary 'stuff.' Simple, practical and inspiring. Makes you want to get started today!

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Minimalistic

By Ben Brown

Is there such a thing as "too" minimalistic? That being said, it gave some interesting viewpoints to another perspective on what it means to be minimalistic, and although I don't agree with every aspect of the authors opinion overall it was an enlightening read.

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